



Mermaid Tales

Block #3 | A dream is a wish

Block size - 14 1/2" square
Complete quilt - 62 1/2 " square

White 'hanky' linen 10" square.
From assorted fabrics nine 3" squares.
Coral large print one 5" square.
Mint strie print one 15" x 5" strip.
Brown floral print one 10" x 3" strip.
Mint medallion print one 10" x 3" strip.
Yellow floral one 15" x 5" (applique).
Vilene H410 iron on interfacing 10" square.
Heat n' Bond one 15" x 5" strip.

Embroidery thread:
369 COSMO / medium brown
716 COSMO / medium to light brown
381 COSMO / medium sand
104 Cottage Garden Thread / Dog Rose
1004 Cottage Garden Thread / Blue Ixia



Cinderberry

Natalie Lymer

Product N135

www.cinderberrystitches.com

PO Box 1118 | Geelong 3220 | Australia
Studio : natalie@cinderberrystitches.com
Instagram : @cinderberries
Facebook : Cinderberry Stitches
Phone : 0403 023 314



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#3 A dream is a wish

Mermaiden Tales

Block Three - A dream is a wish

"That's right my love, a dream is a wish your heart makes.
If you keep on believing, the dream you wish will come true. You can do this."

Just a few notes for you.

- Be sure to read over all the instructions before starting your block and cutting fabric.
- The stitch and thread guide is enclosed if you wish to stitch the same as my pictured design or choose threads from your stash and start stitching.
- Pattern pieces for machine raw edge applique do not require a seam allowance, if you wish to needle turn applique be sure to add your 1/4 inch allowance.
- Pieced seams are sewn with a 1/4" seam allowance.
- WOF = width of fabric, selvage to selvage.
- Mermaiden Tales was created with Riley Blake Designs 'Chatsworth' fabric by Emily Taylor Design.

Block three cutting requirements.

White 'hanky' linen cut one 10" square. (A)

Vilene H410 iron on interfacing cut one 10" square.

From assorted fabrics cut nine 2 1/2" squares. (B)

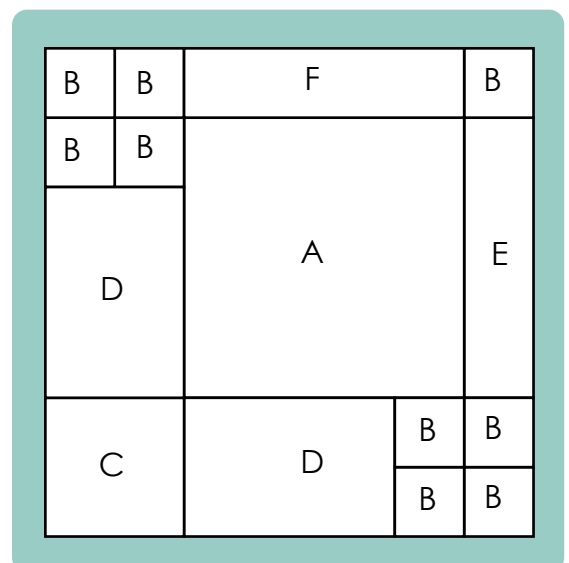
Coral large print cut one 4 1/2" square. (C)

Mint strie print cut two 6 1/2" x 4 1/2" rectangle. (D)

Brown floral print cut one 8 1/2" x 2 1/2" strip. (E)

Mint medallion print cut one 8 1/2" x 2 1/2" strip. (F)

Yellow floral two 6 1/2" x 4 1/2" (applique).



Time to go stitching!

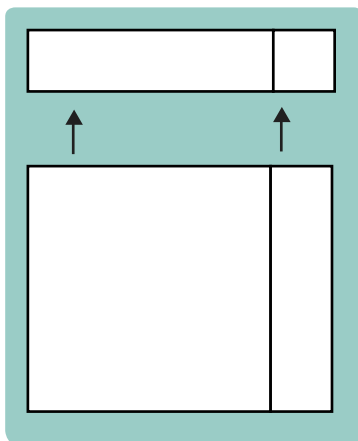
Transfer the stitchery design to the centre of the 10 inch linen square by hand tracing with a light box and super fine Pigma pen.

Fuse Vilene H410 light weight interfacing to the back of the linen and complete all embroidery using the stitch and thread guide.

Once the stitching is complete trim the block to measure 8 1/2" square.

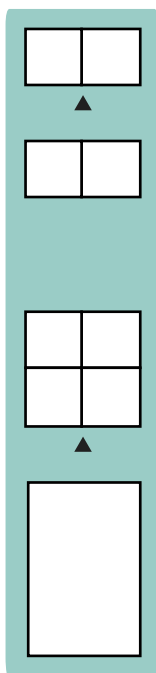
Let's begin building block three.

Mermaiden Tales 'A dream is a wish' has been designed with simple block construction broken down into three sections.



Section 1

1. Sew together one 2 1/2" square (B) and one 8 1/2" x 2 1/2" strip (E) press toward square.
2. Sew together one 8 1/2" x 2 1/2" strip (F) and one 8 1/2" embroidered square (A) press toward square.
3. Nesting the seams sew the two sections together as arrows indicate to complete section 1.

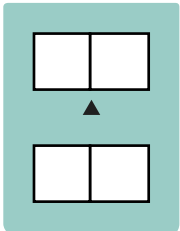


Section 2

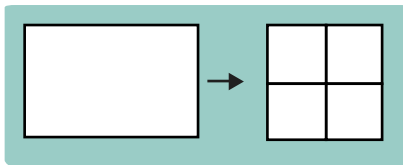
4. Take two 2 1/2" squares (B) and sew together, press seam to the left.
5. Take two 2 1/2" squares (B) and sew together, press seam to the right.
6. Nesting the seams sew these two sections together making one four patch square.
7. Take the four patch square and one 6 1/2" x 4 1/2" rectangle (D) sew together as arrows indicate to complete section 2.

Building block sections (continued)

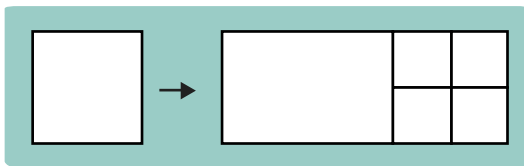
Section 3



8. Take two 2 1/2" squares (B) and sew together, press seam to the left.
9. Take two 2 1/2" squares (B) and sew together, press seam to the right.
10. Nesting the seams sew these two sections together making one four patch square.

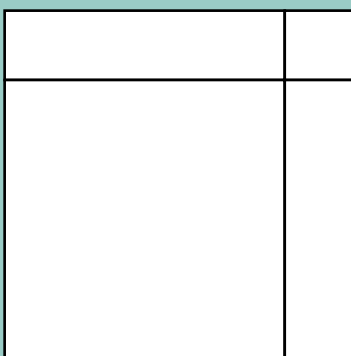


11. Take the four patch square and one 6 1/2" x 4 1/2" rectangle (D) sew together as arrows indicate.

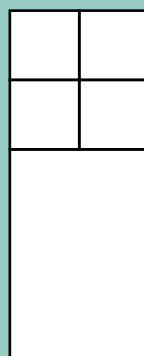


12. Take the 4 1/2" square (C) and the panel from step 7 - sew together as arrows indicate to complete section 3.

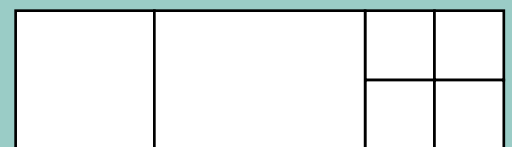
Your three completed sections should look like this!



Section 1

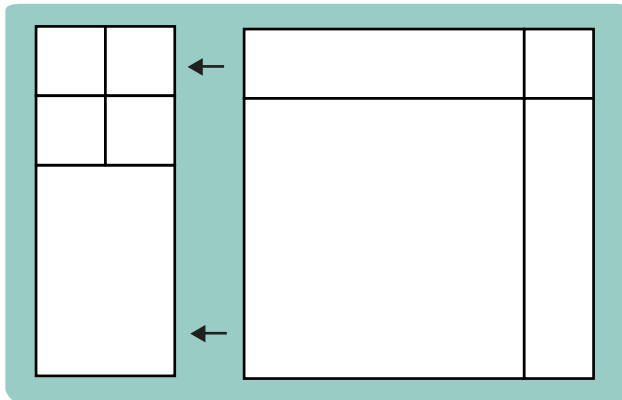


Section 2

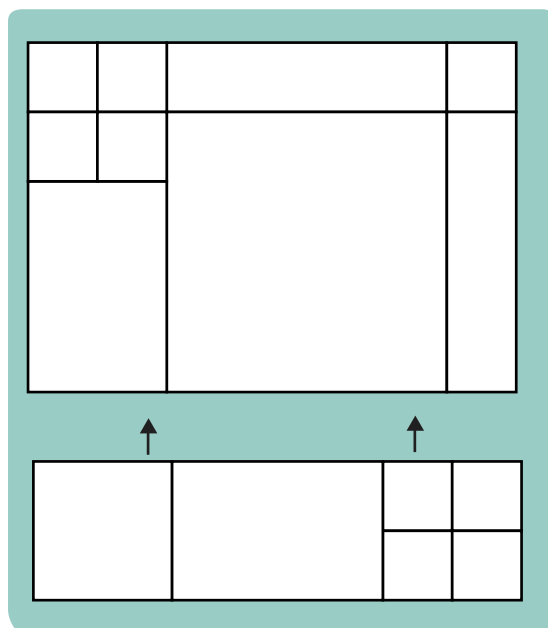


Section 3

Completing block three

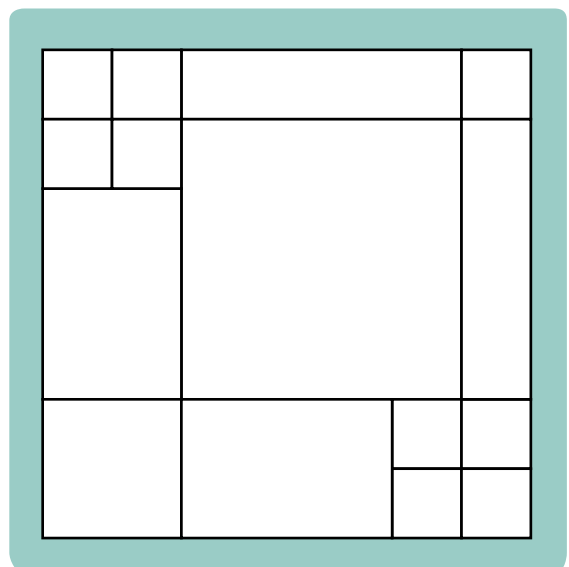
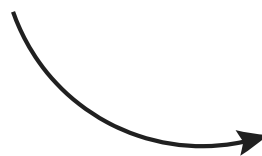


13. Place section one and two side by side. Sew the two sections together as arrows indicate and press the seam to one side.

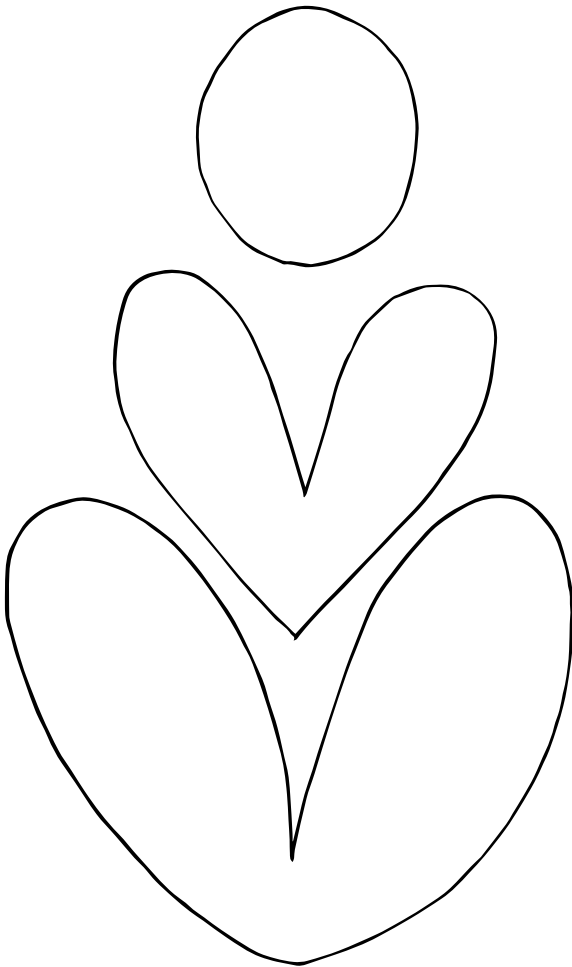


14. Place this panel and section 3 side by side. Sew the together as arrows indicate and press the seam to one side.

11. And just like that your third block is complete, **you are awesome x**

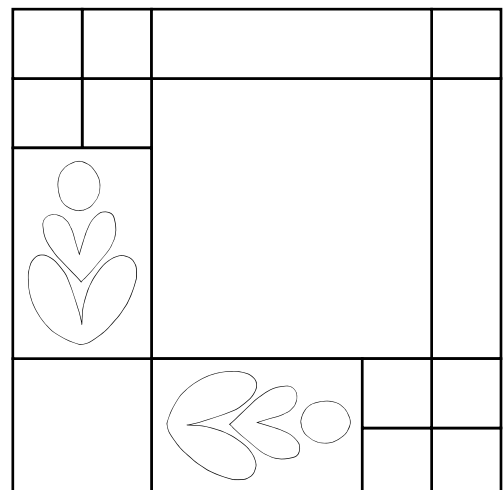


Adding applique



15. Cut two pieces of Heat n' Bond 6" x 4" and place over the applique design with paper side up, trace the three shapes with a pencil.
16. Take two yellow floral 6 1/2" x 4 1/2" rectangles and place on your ironing board, right side down.
17. Place the Heat n' Bond pieces on to the fabric with paper side up, press to fuse. Cut out each piece with sharp scissors.
18. Remove paper backing and position the applique pieces on the block as shown. Press to fuse.
19. Using a small straight stitch on your sewing machine sew around each shape close to the raw edge.

Tip: if you love hand stitching feel free to blanket stitch around each shape using two strands of embroidery thread your choice of colour!





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Stitch and thread guide

Description	Thread	Stitch type	No. of strands
Mermaid skin	COSMO 381	Back stitch	2 strands
Mermaid hair	COSMO 369	Chain stitch	2 strands
Mermaid eyes	"	Satin stitch	1 strand
Writing	"	Back stitch	1 strand
Hair texture	COSMO 716	Back stitch	1 strand
Left & lower right mermaid			
- tail & top	CGT 104 Dog Rose	Chain stitch	2 strands
- scales	"	Back stitch	1 strand
All fish	"	Back stitch	2 strands
All mermaid lips	"	Back stitch	1 strand (pink only)
Stem of flower	"	Back stitch	2 strands (green only)
Top right mermaid			
- tail & top	CGT1004 Blue Ixia	Chain stitch	2 strands
- scales	"	Back stitch	1 strand
All bubbles	"	Satin stitch	2 strands
Flower in hand	"	Back stitch	2 strands

Tips for adding texture

Hair texture is added by echoing the lines of the hair repeatedly, texture is added free hand once the chain stitching is completed so you can add as little or as much as you like.

Scale texture on the mermaid tails - you can either go crazy with scales or add a few here and there as I have drawn for you, have fun and enjoy.